

APC Written Assessment Recommended Reading & References

Official APC further-reading resources and a practical MyExamPrep study hierarchy.

Important: The APC states that its further-reading list is not exhaustive. It is a selection of resources recommended to physiotherapy students in Australia that international candidates may find helpful when preparing for the Written Assessment. The APC also recommends thoroughly reading the Written Assessment Information Booklet, understanding the assessed competencies and completing the official Written Assessment Orientation Course and practice questions.

1. Official APC Resources — Start Here

- ☐ Written Assessment Information Booklet — essential preparation document
- ☐ Physiotherapy Practice Thresholds in Australia and Aotearoa New Zealand
- ☐ Written Assessment competencies
- ☐ APC Written Assessment Orientation Course
- ☐ Official Written Assessment practice questions

2. Musculoskeletal

- ☐ Brukner, P, Clarsen, B, Cook, J, Cools, A, Crossley, K, Hutchinson, M, McCrory, P, Bahr, R & Khan, K (2017), Brukner & Khan's Clinical Sports Medicine: Injuries, 5th edn, McGraw-Hill Education.
- ☐ Jull, G, Moore, A, Falla, D, Lewis, J, McCarthy, C & Sterling, M (2015), Grieve's Modern Musculoskeletal Physiotherapy, 4th edn, Elsevier Health Sciences.
- ☐ Magee, DJ (2013), Orthopedic Physical Assessment, 6th edn, Elsevier Health Sciences.
- ☐ Petty, NJ (ed.) (2012), Principles of Neuromusculoskeletal Treatment and Management, 2nd edn, Elsevier Health Sciences.
- ☐ Petty, NJ & Ryder, D (eds) (2018), Neuromusculoskeletal Examination and Assessment, 5th edn, Elsevier Health Sciences.

3. Cardiorespiratory

- ☐ Bronchiectasis Toolbox — Australian bronchiectasis clinical resource.
- ☐ Lung Foundation Australia — Pulmonary Rehabilitation Toolkit.
- ☐ Main, E & Denehy, L (eds) (2016), Cardiorespiratory Physiotherapy: Adults and Paediatrics, 5th edn, Elsevier Health Sciences.

□ National Heart Foundation of Australia (2018), Cardiac Rehabilitation & Heart Failure Management / Heart Online.

□ NSW Government / Agency for Clinical Innovation (2018), clinical resources.

4. Neurology — Useful Guidelines & Resources

□ Australian and New Zealand Clinical Guidelines for Stroke Management — living guidelines.

□ European Physiotherapy Guideline for Parkinson's Disease.

□ Spinal Cord Injury Physiotherapy Guidelines.

□ International Spinal Cord Society — elearnSCI resource.

□ MS Australia — information for health professionals.

□ Physiotherapy Exercises.com — exercise booklet resource.

5. Neurology — Useful Papers

□ Bhattacharyya N, Gubbels SP, Schwartz SR, et al. (2017). Clinical practice guideline: benign paroxysmal positional vertigo (update). *Otolaryngology-Head and Neck Surgery*, 156(3 Suppl), S1-S47.

□ Hall CD, Herdman SJ, Whitney SL, et al. (2022). Vestibular Rehabilitation for Peripheral Vestibular Hypofunction: An Updated Clinical Practice Guideline. *Journal of Neurologic Physical Therapy*, 46(2), 118-177.

□ Hassett L. (2023). Physiotherapy management of moderate-to-severe traumatic brain injury. *Journal of Physiotherapy*, 69(3), 141-147.

□ Osborne J, Botkin R, Colon-Semenza C, et al. (2022). Physical Therapist Management of Parkinson Disease: A Clinical Practice Guideline. *Physical Therapy*, 102(4), pzab302.

6. Neurology — Useful Online Modules

□ Recovery of standing — InformMe.

□ Recovery of walking — InformMe.

□ Recovery of upper limb function — InformMe.

□ The TRAIN program — a clinician's guide to effective task-specific training.

7. Neurology — Useful Texts

□ Carr, J & Shepherd, R (2010), *Neurological Rehabilitation – Optimizing Motor Performance*, 2nd edn, Elsevier Health Sciences.

□ Hill, K, Denisenko, S, Miller, K, Clements, T & Batchelor, F (2010), *Clinical Outcome Measurement in Adult Neurological Physiotherapy*, 4th edn, Australian Physiotherapy Association.

□ Lennon, S & Stokes, M (2018), *Neurological Physiotherapy Pocketbook*, 2nd edn, Churchill Livingstone Elsevier.

□ Lennon, S et al. (2018), *Physical Management for Neurological Conditions*, 4th edn, Elsevier.

□ Shumway-Cook, A & Woollacott, M (2023), *Motor Control: Translating Research into Clinical Practice*, 6th edn, Lippincott Williams & Wilkins.

8. MyExamPrep Reading Strategy

TIER 1 — ESSENTIAL

- APC Written Assessment Information Booklet
- Physiotherapy Practice Thresholds
- APC Written Assessment competencies
- APC Written Assessment Orientation Course + official practice questions
- Core clinical texts selected for your weakest areas

TIER 2 — REFERENCE AS NEEDED

- Brukner & Khan
- Grieve's Modern Musculoskeletal Physiotherapy
- Magee
- Cardiorespiratory Physiotherapy: Adults and Paediatrics
- Neurological Physiotherapy Pocketbook
- Carr & Shepherd
- Shumway-Cook & Woollacott
- Relevant Australian clinical guidelines

TIER 3 — TARGETED PAPERS / GUIDELINES

- Stroke guidelines
- Parkinson's guideline
- SCI guidelines
- Vestibular guidelines
- TBI paper
- MS Australia professional resources
- Australian respiratory and cardiac resources

MYEXAMPREP APPROACH

Students do not need to read every reference cover-to-cover. Use the APC reading list to identify authoritative sources, then combine targeted reading with topic-wise mocks, subject-wise mocks, clinical reasoning practice and 10 full-length simulations.

Source: Australian Physiotherapy Council, Written Assessment Information Booklet (2026), Further Reading section. Always verify current editions, links and APC requirements before relying on a resource.